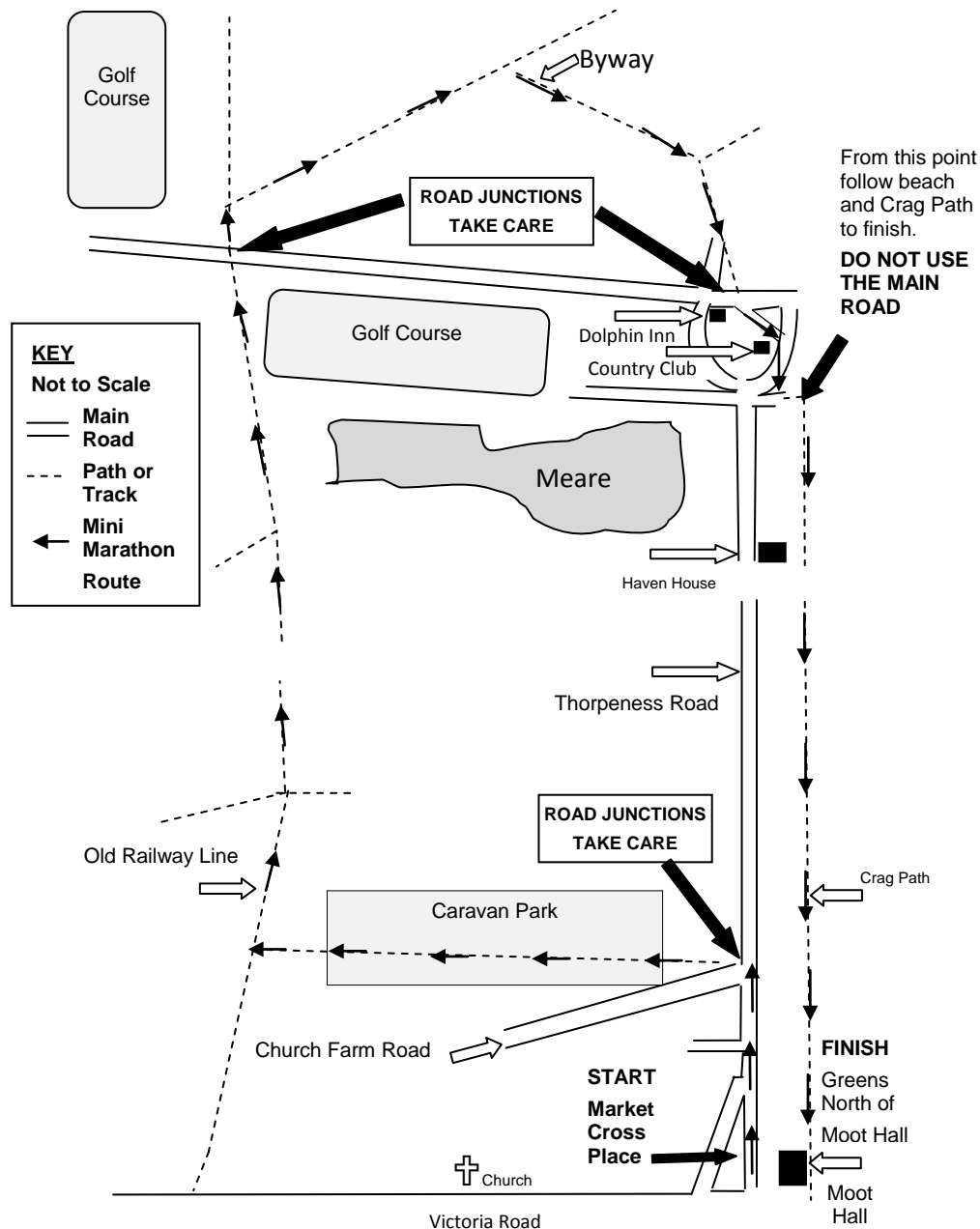


NEW MINI MARATHON ROUTE



ALDEBURGH CARNIVAL SUNDAY

11 am THE MINI MARATHON SPONSORED BY:

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This event is for all the family – you can run, jog or walk – a great way to spend Sunday morning! Enter at the Moot Hall between 10.00 and 10.45am. Registration fee is £4, reduced to £1 for juniors (under 14 years on the day). Each registration by a junior must be countersigned by the adult who will be responsible for the safety of the entrant during the event.

There are trophies for the overall winner, first lady and first junior (see page 18 - Prize Giving) and all those completing the course receive a certificate.

The race will start from Market Cross Place and proceed to Church Farm Road*, going through the Caravan Site before following the old railway track to the Aldringham/Thorpeness Road*.

After crossing the road onto the track opposite (concrete surface at first), it bears right at the end of the wooded area and then right again onto the track signposted 'Byway' which leads back into Thorpeness, joining the track at the rear of Pilgrims Way leading to Old Homes Road*.

It then proceeds onto Church Road leading past Thorpeness Country Club to the junction with The Dune, following the board walk to the beach - **participants must NOT use the main road**. No dogs are permitted on this short stretch of beach and for this reason, and in the interests of animal welfare, we ask that you leave your pet at home.

The final stage follows the track at the top of the beach past Haven House to rejoin Crag Path. Remain on Crag Path until you reach the finish on the greens north of the Moot Hall.

***Please take care when crossing roads!**